

Mildred Belfor, 86

June 3, 1917 - Jan. 2, 2004

AVOCA – Mildred M. Belfor, daughter of Franklin and Virginia (Robinson) Millis, was born June 3, 1917, in Avoca, the youngest of three children. She attended school in Avoca and later attended various high schools in Iowa before graduating from North High School of Des Moines, in January of 1935.

Shortly after school, Mildred married Harold Rasmussen. She worked for several years as a housekeeper and as a real estate agent. She also worked in the billing office of Hudson's Department Store in Detroit, MI.

After a divorce from Harold, Mildred married James Belfor. James died after 20 years of marriage and Mildred moved to Des Moines, where she worked for Drake University in the cafeteria for 10 years. Mildred and her mother moved back to Avoca in January of 1989. She cared for her at her home until her mother became a resident of Colonial Manor in January of 1990. Mildred visited her mother daily at the care center. A few months later, Mildred herself became a resident of Colonial Manor and this has been her home since. She died Jan. 2, 2004, at the Avoca Nursing and Rehabilitation Center in Avoca, at age 86 years, six months and 29 days.

In addition to her parents and her husband, James, she was preceded in death by her brothers, Marion and Kenneth Millis. She is survived by nieces and nephews and cousins.

Funeral services were held Jan. 5, 2004, at the Pauley Jones Funeral Home in Avoca, with Lay Assistant Wayne Paulsen officiating. Burial was in the Graceland Cemetery. Casket bearers were Ted Heilig, Chad Heilig and Tim Heilig.